

SELECTIVE MUTISM PARENT TRAINING THERAPY GROUP

6 professional-led sessions targeting what you need to know to get started supporting your child (ages 3-7) with Selective Mutism. These sessions are restricted to 6 attendees to enable interaction and questions with the therapists on each topic.



Weekly group, parent only sessions, via zoom, led by Selective Mutism treating professionals Danielle Cottam and Ceri Dermody targeting:

- UNDERSTANDING OF SELECTIVE MUTISM (SM) WHAT YOU NEED TO KNOW - WHAT IT IS, WHY IT HAPPENS, HOW IT CAN PRESENT DAY-TO-DAY.
- PHRASING AND SCRIPTS FOR HOW TO DISCUSS SM WITH YOUR CHILD AND OTHERS
- AWARENESS OF INFORMAL STRATEGIES TO FACILITATE COMMUNICATION
- AN UNDERSTANDING OF THE COMPONENTS REQUIRED FOR A SMALL-STEPS TOWARDS TALKING PROGRAMME
- OPPORTUNITY FOR INFORMATION PROVISION AND STRATEGY DISCUSSION WITH A TREATING PROFESSIONAL IN THE FIELD OF SELECTIVE MUTISM
- ACCESS TO A NETWORK OF PARENTS ON A SIMILAR JOURNEY



SELECTIVE MUTISM
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PROGRAMME DETAILS

- Run across 6x 50 minute sessions via zoom (dates below). The format is designed for all sessions to be attended. The group is limited to 6 attendees for a high therapist:parent ratio to maximise opportunity for personalised feedback.
- Cost - \$600 non-refundable upfront cost for the group programme of 6 sessions. Sessions cannot be purchased individually. Payment is required upon booking. This will be on a first come first served basis. Cancellations within 7 days prior to the event will incur the full fee. Group fees are reimburseable only for self-managed NDIS participants. They are NOT reimbursable with plan or agency managed NDIS, medicare or private health funds.
- Content is targeted towards parents of children aged 3-7 who are new to a Selective Mutism diagnosis (a formal diagnosis is not required to attend).

DATES

Tuesday 25th October @ 11.30am - What is SM
Tuesday 1st November @ 11.30am - How to talk to my child and others about SM
Tuesday 8th November @11.30am - Everyday strategies for SM #1
Tuesday 15th November @11.30am - Everyday strategies for SM #2
Tuesday 22nd November @ 11.30am - How to get started with a small steps programme
Tuesday 29th November @11.30am - Troubleshooting within a small steps programme